Welcome to Grade 6:

Our class will have an optional "working snack" time every day during 2nd or 3rd Hour.



(*Please note: Students WILL NOT be able to have a snack in computers.*) To help ensure that your child has the energy and attention span to attend to his or her schoolwork, please send a <u>nutritional</u> snack. **Please avoid cookies, chips, or candy**. These items will not be allowed within the classroom, and students will be asked to put them away in their locker if they are brought into the classroom. Avoid the "O's" such as Doritos, Tostitos, Oreos, and Cheetos (etc.).

Also please remember that we are a "peanut free" environment.

For your convenience, here are some healthy snack suggestions:

- Crackers
- Yogurt
- Grapes
- Banana
- 100% fruit roll-up
- Apple wedges
- Orange segments
- Teddy Grahams
- Goldfish crackers
- Cut up vegetables
- Cheese cubes/string cheese
- Dried fruit
- Granola bar





Also, please note that the students are allowed to bring clear (transparent) WATER bottles into their classrooms. Please make sure that the bottles are clearly labeled with your child's name, and contain water only (no juice, soda, etc.).

Thank you for your cooperation!

Grade 6 Teachers!



