

## **Community Mental Health Providers and Supports for Children and Adolescents**

### **PSYCHOTHERAPEUTIC SERVICES**

#### **Jennifer Apps, Ph.D. (Neuropsychologist)**

**Children's Hospital of Wisconsin**

**Psychiatry and Behavioral Medicine Program**

Phone: 414-266-3339

Specialties/Services: Cognitive behavioral therapy; Concussion/Concussion Management; Neuropsychological Evaluations.

\*Dr. Apps has a Greenfield location. Program includes many other affiliated psychologists/psychiatrists with different specialties at a variety of locations. May need referral. [www.chw.org/medical-care/psychiatry-and-behavioral-medicine](http://www.chw.org/medical-care/psychiatry-and-behavioral-medicine)

#### **Rick Clark, Ph.D.**

Psychologist (Children ages 4 to 14 only)

**St. Francis Children's Center**

6700 N. Port Washington Road

Glendale, WI 53217

Phone: 414-351-0450

Specialties/Services: Autism; educational problems; ADHD; anxiety; self-esteem; social skills; psychological evaluations. [sfckids.org](http://sfckids.org)

#### **North Shore Psychotherapy Associates**

5800 N. Bayshore Dr., Suite A250

Glendale, WI 53217

Phone: 414-962-6764

Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations.

[northshorepsychotherapyassociates.vpweb.com](http://northshorepsychotherapyassociates.vpweb.com)

#### **William Gruenberg, Ph.D.**

6213 N. Green Bay Ave.

Glendale, WI 53209

Phone: 414-352-1144

Specialties/Services: Children, adolescents, adults and families struggling with a variety of difficulties including anxiety, depression, substance abuse and school issues.

#### **Shorehaven Behavioral Health**

Greenfield Office (4 locations available)

4370 S. 76<sup>th</sup> St.

Greenfield, WI 53220

Main Office Phone: 414-540-2170

Specialties/Services: Marriage & family therapy; substance abuse; variety of child & adolescent problems – May include in-home services if eligible; Psychiatric evaluations and medication management available.

[www.shorehavenbhi.com](http://www.shorehavenbhi.com)

#### **Family Options Counseling, LLC**

3505 N. 124<sup>th</sup> St.

Brookfield, WI 53005

Phone: 414-431-4444

Specialties/Services: Behavioral control problems; risk-taking behaviors; depression; ADHD; educational problems; physical or sexual abuse; eating disorders; psychological evaluations.

\*Provide sliding scale fees. [www.familyoptions.com](http://www.familyoptions.com)

#### **Child and Family Therapeutic Systems**

Greenfield Office

4811 S. 76<sup>th</sup> St., Suite 305

Greenfield, WI 53220

Phone: 414-325-7741

Specialties/Services: Educational problems; ADHD; communication problems; anger & defiance; divorce & loss; anxiety & depression; substance abuse; trauma & abuse. \*Accept Badger Care & most insurance plans.

[www.cfts-wi.com](http://www.cfts-wi.com)

#### **Stress Management and Mental Health Clinic**

10201 West Lincoln Ave. Suite 308

West Allis, WI 53227

Phone: 414-329-7000

Specialties/Services: Anxiety; depression; bipolar; ADHD; PTSD; abuse; alcohol & drug abuse; divorce; psychiatric evaluations & medication management; gay/lesbian issues; Neuropsychological evaluations.

\*Accept Title 19-Need HMO attached. Can make arrangements for out-of-pocket based on individual need.

[stressmanagementclinic.com](http://stressmanagementclinic.com)

#### **Marquette University Center for Psychological Services**

Cramer Hall, 307

604 N. 16<sup>th</sup> St.

Milwaukee, WI 53233

Phone: 414-288-3487

Specialties/Services: Anxiety; depression; ADHD; Tourette's; OCD; child, adolescent and family counseling; psychological and educational evaluations.

\*Fees are determined by ability to pay.

[www.marquette.edu/psyc/cps.shtml](http://www.marquette.edu/psyc/cps.shtml)

#### **UW-Milwaukee Psychology Clinic**

Pearse Hall, Rm 179

2513 E. Hartford Ave.

Milwaukee WI 53211-3160

Phone: 414-229-5521

Specialties/Services: PTSD; ADHD; anxiety; eating disorders; neuropsychology; learning disorders. Provide a full range of services, including psychological and neuropsychological evaluations, to adolescents and adults on a sliding-fee basis. [uwm.edu/psychology/clinic](http://uwm.edu/psychology/clinic)

### **PSYCHOTHERAPEUTIC SERVICES CONTINUED**

#### **Wisconsin School of Professional Psychology**

WSPP Psychology Training Center

9120 W. Hampton Ave. #90

Milwaukee, WI 53225

Phone: 414-466-9777

Specialties/Services: Learning disorders; ADHD; depression; anxiety; personality disorders; PTSD. Provide a full range of psychological services, including psychological and educational evaluations, to adolescents, children, families and couples on a sliding-fee basis. [www.wspp.edu/psychology-clinic/psychology-clinic](http://www.wspp.edu/psychology-clinic/psychology-clinic)

### **Stephanie Gibart**

Professional Counselor & Art Therapist

Elle Studio + Wellness

106 W. Seeboth St. #101

Milwaukee, WI 53204

Phone: 414-378-5379

Specialties/Services: Family and individual therapy focused on processing past traumas, coping with loss, anxiety, and life stressors. [www.ellewellstudio.com](http://www.ellewellstudio.com)

### **Kristin Belkofer**

Professional Counselor & Art Therapist

**Shoreside Therapies**

4530 N Oakland Ave

Milwaukee, Wisconsin 53211

Phone: (414) 509-0880

Specialties/Services: Anxiety, depression, attachment issues, trauma and sexual abuse, ADHD, disordered eating, self-injury, conduct disorders, and family/couples issues. Counseling for adults, couples, families, children, and adolescents. \*Provide sliding scale fees.

[shoresidetherapies.com](http://shoresidetherapies.com)

## **OTHER RESOURCES & SUPPORTS**

### **Dynamic Connections**

Deb Berrang, M.Ed.

2995 South Delaware Avenue

Milwaukee, Wisconsin 53207

Phone: 414-510-7523

Specialties/Services: Autism. Offer individualized family consultations; home and school observations; development of individualized intervention plans; development of visual and behavioral supports.

[remediatingautism.com](http://remediatingautism.com)

### **New Concept Self-Development Center**

1531 West Vilet Street

Milwaukee, WI 53205

Phone: 414-344-5788

Specialties/Services: Provide social services to low-income African American families. Youth services focus on leadership and life skills development; teen pregnancy prevention. [www.ncsdc-inc.org](http://www.ncsdc-inc.org)

Revised 6/21/18

### **Walkers Point Youth and Family Center**

2030 W. National Avenue

Milwaukee, WI 53204

Phone: (414) 647-8200

Specialties/Services: Family Support and Empowerment Programs; Runaway and Teen Crisis Program; counseling services via appointment or walk-in; 24 hour emergency shelter service for teens (ages 11 to 17) and transitional /supportive shelter programs. [walkerspoint.org](http://walkerspoint.org)

### **Family Life Center**

**Saint Stephen Catholic Church**

1441 West Oakwood Road

Oak Creek, WI 53154

Phone: 414-762-0552

Specialties/Services: Children's clothing bank; full service food pantry; access to other resources and information for families in need.

### **COPE Hotline**

Phone: 262-377-2673

Specialties/Services: Provides support and crisis intervention through their 24 hour hotline or live chat on their website. [www.copeservices.org](http://www.copeservices.org)

### **Mobile Urgent Treatment Team (MUTT)**

Milwaukee County

Phone: 414-257-7621

Specialties/Services: 24-hour support. Responds on-site to children, adolescents and their families experiencing a mental health emergency. Crisis stabilization, assessment and links to appropriate follow-up care provided. [wraparoundmke.com/programs/mutt](http://wraparoundmke.com/programs/mutt)

### **National Suicide Prevention Lifeline**

Phone: 1-800-273-8255 (TALK)

Specialties/Services: Callers can speak with a trained counselor in their area 24 hours a day, 7 days per week.

### **Rogers Behavioral Health**

11101 West Lincoln Ave.

West Allis, WI 53227

Phone: 800-767-4411- Request Admissions Department

Specialties/Services: Provide free screenings to determine what mental health services your child may require. May also complete a screening request on-line.

[rogersbh.org/screening-request](http://rogersbh.org/screening-request)