

# Greenfield 5K Summer Home Learning

Throughout this summer, it is important to make time for family time, play, and exercise every day to support your child's well being.

## Social Emotional Learning

During the summer, continue to keep communication open so your child feels safe sharing their thoughts and feelings. You could read books about feelings, snuggle, or just talk to your child.

## Family Time

Read with your child- Set a time each day to read with your child. Look at the cover and read the title, ask your child what he/she thinks the story will be about and why. As you are reading, stop to ask questions and answer WH questions as well as make predictions.

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| <ul style="list-style-type: none"> <li>● Assemble a family cookbook with favorite family recipes</li> <li>● Bake something together</li> <li>● Look through a family photo album together</li> </ul> | <ul style="list-style-type: none"> <li>● Play a board game, charades, pictionary, or make up a game</li> <li>● Read together</li> <li>● Go on a walk outside</li> </ul> |
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## Exercise

Whether it is inside or outside, kids' bodies do best when given a physical outlet for their energy and feelings.

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| <ul style="list-style-type: none"> <li>● Play mini golf with recyclable items</li> <li>● Have races in the yard</li> <li>● Play catch in the yard</li> <li>● Have a dance party</li> </ul> | <ul style="list-style-type: none"> <li>● Go on a scavenger hunt</li> <li>● Make hopscotch with chalk</li> <li>● Make obstacle course inside or outside</li> <li>● Create a ninja course with couch cushions</li> </ul> |
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## Play

Play is a way for 5K students to learn. Their bodies are active and they are learning through a hands-on, minds-on approach.

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| <ul style="list-style-type: none"> <li>● Get creative and make paper crafts</li> <li>● Make totem poles, binoculars, or anything else you can think of out of toilet paper or paper towel rolls and decorate them.</li> <li>● Collect rocks and paint them to use as paperweights or pet rocks.</li> </ul> | <ul style="list-style-type: none"> <li>● Make a fort with blankets or sheets</li> <li>● Make cookies out of playdough</li> <li>● Set up a restaurant and serve your stuffed animals</li> <li>● Create a tower and see how big you can make it</li> </ul> |
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## Reading, Phonics, Writing

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| <ul style="list-style-type: none"> <li>● Read the back of a cereal box during breakfast</li> <li>● Find snap words in books you read</li> <li>● Make puppets and tell a story</li> <li>● Write snap words with chalk, water, or use pudding, shaving cream, salt</li> </ul> | <ul style="list-style-type: none"> <li>● Write a card to a friend or family member</li> <li>● Read to a stuffed animal</li> <li>● Go on an alphabet walk - find letters and numbers around your neighborhood or house</li> <li>● Look through photo albums and tell stories about your family adventures</li> </ul> |
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## Math

- Go on a scavenger hunt. Look for shapes, count things you see, try to find a certain number of objects.
- Create a story problem during lunch with food items as you eat.
- Make shapes out of play dough
- Paint math equations with water or chalk
- Collect things outside and use them to make up math problems.
- Card Games-War, put cards out in a memory like fashion and have students take two cards and add together
- Uno
- Hi-Ho-Cherry-O
- Candyland
- Chutes and Ladders
- Memory
- Design your own board game

## Curiosity and Inquiry

- Learn about stargazing and identify constellations
- Look at a map and talk about places to visit
- Take a virtual field trip
- Research a famous person and dress up as them
- Make a list of things your child wants to learn and research using books and computer
- Nature Walk: Look under a rock, what do you see? What is living under there? See how many different leaves you can collect while outside.

## Sample Schedule

Over the summer, students still need a routine. You can tweak the routine you were using during the school year to meet the needs of your family during the summer. Please adjust this schedule to meet your unique needs.

- Breakfast
- Activity Time (games, puzzles, legos)
- Morning Walk or Exercise
- Creative Time (art, building, creating)
- Read together or to a stuffed animal
- Lunch Time
- Curiosity and Inquiry (science, explore)
- Outdoor Time
- Dinner
- Writing, fine motor, art
- Free time