

# Greenfield 4K



## Our Philosophy

Four-Year-Old Kindergarten (4K) offers students the opportunity to engage in developmentally appropriate and interactive play-based learning. Students are exposed to a literacy and language rich environment, which fosters vocabulary and communication abilities. Students learn important social skills through positive interactions with peers and adults. The learning environment supports students as they make decisions and initiate play, while becoming confident, independent, joyful and motivated learners.



# SOCIAL-EMOTIONAL LEARNING

A happy, productive and caring learning environment supports students as they learn and develop important social skills. Social-emotional learning involves helping students understand their emotions and manage their feelings. Through play, children learn about empathy and working together, setting and achieving goals, establishing and maintaining positive relationships, and resilience and optimism in life. Students will engage in social interaction and play with others while demonstrating an understanding of rules and social expectations.

Opportunities will be provided for students to engage in social problem-solving behavior and learning to resolve conflicts while forming and maintaining secure and respectful relationships with others.

## Students in 4K are provided experiences to:

- Identify emotions and exhibit self-control
- Read others' emotions and respond to them appropriately
- State independent thoughts and have pride in their accomplishments
- Show an awareness of themselves
- Be part of a school community
- Navigate unfamiliar settings with unfamiliar people
- Play cooperatively with others
- Use a variety of strategies to problem solve

## Sample Student Behaviors

- Waits and take turns
- Expresses feelings, needs, and options in different situations
- Verbally make decisions for self
- Describes similarities and differences between themselves and others
- Sets simple, personal goals
- Understands their role within the school community
- Engages in back and forth relationship during play



# HEALTH AND PHYSICAL DEVELOPMENT

Motor skills and strong physical health in early learners are developed by accessing healthy nutrition, practicing healthy and safe behaviors and getting adequate rest. During the school day, students will learn self-help skills that support independence and have opportunities to participate in restful and quiet activities. Through sensory activities and active movement, students will develop a solid foundation for healthy growth. Music and movement activities will be incorporated throughout the learning day. Students will have the opportunity to gain precision of movement through fine motor activities, as well as strength, balance, and coordination through large motor and outdoor activities.

## Students in 4K are provided experiences to:

- Demonstrate behavior to meet self-help and physical needs
- Perform simple and complex fine motor tasks
- Move with strength, coordination and balance

## Sample Student Behaviors

- Independent with dressing and bathroom needs
- Controls small tools to create shapes
- Uses small tools (staplers, scissors)

