

Greenfield 5K Home Learning Guide

While your child is away from school, it is important to make time for play, rest and exercise everyday to support your child's well-being.

Family Time

- Read with your child- Set a time each day to read with your child. Look at the cover and read the title, ask your child what he/she thinks the story will be about and why.
- As you are reading, stop to ask questions and answer WH questions (who, what, when, where and why) as well as make predictions.
- Assemble a family cookbook with favorite family recipes
- Bake something together
- Look through a family photo album together
- Play a board game, charades, pictionary, or make up a game
- Read together
- Go on a walk or play outside

Math

- Go on a scavenger hunt. Look for shapes, count things you see, try to find a certain number of objects.
- Create a story problem during lunch with food items as you eat.
- Make shapes out of playdough
- Paint math equations with water or chalk
- Play card games, such as War or Uno
- Put cards out in a memory like fashion and have students take two cards and add together
- Play board games such as Hi-Ho-Cherry-O, Candyland or Chutes and Ladders
- Design your own board game
- Collect things outside or inside and use them to make up math problems.

Science and Inquiry

- Learn about stargazing and identify constellations
- Look at a map and talk about places to visit
- Take a virtual field trip
- Research a famous person and dress up as them
- Make a list of things your child wants to learn and research using books and computer
- Look under a rock, what do you see? What is living under there? See how many different leaves you can collect while outside.
- Create a curiosity notebook to record questions

**Children ask questions, seek information, and test out possibilities.
Children use observations to gather information.**

If possible, go on a walk or outside. Bring a bag to collect items that your child finds interesting (pine cones, sticks, rocks, etc.). When you get home, put them in a container or small box and talk about what was found. Write down your child's comments and questions. Have your child draw what they brought home and add detail. You can take this a step further and look for online answers to the questions.

Exercise

- Play mini golf with recyclable items
- Have races in the yard
- Play catch in the yard
- Have a dance party
- Go on a scavenger hunt
- Make hopscotch with chalk
- Make obstacle course inside or outside
- Create a ninja course with couch cushions

Play and Creativity

- Get creative and make paper crafts
- Make totem poles, binoculars, or anything else you can think of out of toilet paper or paper towel rolls and decorate them.
- Collect rocks and paint them to use as paperweights or pet rocks.

- Make a fort with blankets or sheets
- Make cookies out of playdough
- Set up a restaurant and serve your stuffed animals
- Create a tower and see how big you can make it

[Loose Parts](#)

Collect a variety of objects around your home, such as buttons, sticks, milk caps, rocks, shells, yarn, etc. Click on the link above for more information.

Art and Imaginative Play with Recyclables

Collect paper bags, paper tubes, plastic containers, and other clean recyclables. Invite your child to make puppets and artwork. Use crayons, markers, and other household items you can find to decorate.

Social-Emotional

- Work on skills, such as turn-taking, practicing patience, and being a good sport, while playing family board games.
- Make sure you have an area where your child can go to take a break (calm down corner) and encourage him/her to talk about his/her feelings.

Reading, Phonics, Writing

- Read the back of a cereal box during breakfast
- Find snap words in books you read
- Make puppets and tell a story
- Write snap words with chalk, water, or use pudding, shaving cream, salt

- Write a card to a friend or family member
- Read to a stuffed animal
- Go on an alphabet walk - find letters and numbers around your neighborhood or house
- Look through photo albums and tell stories about your family adventures

Sample Schedule

You may want to include the following in your child's schedule to keep a routine in place. Think of the options as a menu to help you pick and choose ideas to have fun and design your days together. Please adjust this schedule to meet your unique needs.

- Breakfast
- Activity Time (games, puzzles, legos)
- Morning Walk or Exercise
- Creative Time (art, building, creating)
- Read together or to a stuffed animal
- Lunch Time
- Science and Inquiry (explore)
- Outdoor Time
- Dinner
- Writing or Math
- Family Time