

Greenfield 1st Grade Home Learning Guide

While your child is away from school, it is important to make time for play, rest and exercise everyday to support your child's well-being.

Reading and Writing

Reading and Writing Goal: Students read fiction and non-fiction texts 30-60 minutes daily. Students engage in ongoing, purposeful writing activities.

- You can write notes, stories, letters to family, teachers or nursing homes. You can also write fiction stories, informational "teaching" books, poetry, book and movie reviews, and conduct interviews of family members.

Reading Ideas

- Pick a new series and read as many of the books as you can
- Pick a topic you are curious about. Read and research this topic.
- Read a new story on [Unite for Literacy](#)
- Explore a variety of topics on [DK Find Out](#)
- Visit [Story Online](#) to Stream videos featuring celebrated actors reading children's books alongside creatively produced illustrations.

Writing Ideas:

- Keep a journal and write about your day
- Create a nature journal with words and sketches
- Keep track of wonders and curiosities and research them
- Write a "how to" step by step instructions for a game or activity
- Create online stories with [Story Jumper](#)
- Write a review of a book or movie

Math

Math Goal: Find daily opportunities to engage in mathematical thinking and problem solving.

Everyday math activities:

- Create and solve your own story problems (about food, games, toys, animals)
- Practice following a recipe and measuring ingredients
- Have an estimation jar challenge
- Design your own board game
- Collect things outside and inside and use them to make up math problems

Explore online math resources:

- Play a [Card or Dice Game](#)
- [Open Middle](#): Find challenging math problems aligned to grade level and math standards
- [Splash Learn Math Games](#): Interactive, educational math games by grade level.
- [Lego Math](#): various ways to use Legos to help learn math concepts

Research and Inquiry

Goal: Pursue questions, wonderings and curiosities. *Have your child select a topic/skill of interest and spend 30 minutes a day learning about that topic through observation, experimentation, and/or reading.

- Try a fun [Science Experiment](#)
- Take a [Virtual Field Trip](#) and record your thinking and wonders
- Make a list of things you want to learn more about and research your top 2
- Create a curiosity notebook and record your questions
- Turn a window into a wonder window. Record what you see, what you wonder and what you think.

Visit these websites to ignite your curiosity:

- [Mystery Science](#) : Lessons and videos to inspire a love of science
- [National Geographic Kids](#)
- [Time for Kids](#)
- [DK Find Out](#): DKfindout! allows your child to search, learn, and explore information on a variety of topics.
- [Highlights Kids](#)

Exercise, Health and Fitness

Goal: Find opportunities each day to engage in exercise and fitness (outdoor exercise is best when possible but here are indoor options as well).

- Try a new sport or activity
- Create a fitness challenge or obstacle course for your family
- Have a dance party
- Take a walk

- Engage in movement and mindfulness by visiting [Go Noodle](#)
- Relax your mind and body with [Cosmic Yoga](#)
- Plan and make a healthy meal or snack
- Play outside

Get Creative

- Get creative and make paper crafts
- Make totem poles, binoculars, or anything else you can think of out of toilet paper or paper towel rolls and decorate them.
- Collect rocks and paint them to use as paperweights or pet rocks.

- Make a fort with blankets or sheets
- Use recycled materials to build something new
- Learn how to draw or create something new at [Art for Kids](#)
- Create a tower and see how big you can make it
- Plan a Game Night for your family

[Loose Parts](#)

Collect a variety of objects around your home, such as buttons, sticks, milk caps, rocks, shells, yarn, etc. Click on the link above for more information.

Art with Recyclables

Collect paper bags, paper tubes, plastic containers, and other clean recyclables. Invite your child to make puppets and artwork. Use crayons, markers, and other household items you can find to decorate.

Spread Kindness

- Offer to help a family member
- Send a note to someone special
- Write a friendly message with sidewalk chalk or window art

- Paint kindness rocks to share with others
- What other ideas do you have for spreading kindness?

Sample Schedule

You may want to include the following in your child's schedule to keep a routine in place. Think of the options as a menu to help you pick and choose ideas to have fun and design your days together. Please adjust this schedule to meet your unique needs.

- Breakfast
- Activity Time (games, puzzles, legos)
- Morning Walk or Exercise
- Academic Time (math, reading, inquiry)
- *Build in short breaks for movement and snacks.*
- Creative Time (art, building, creating)
- Lunch Time
- Family Project Time
- Research and Inquiry
- Outdoor Time
- Dinner
- Writing
- Free time (electronics, games, movies)