

Community Mental Health Providers and Supports for Children and Adolescents

American Behavioral Clinics, S.C. 7330 W. Layton Ave. Greenfield, WI 53220
<http://americanbehavioralclinics.com/> (414) 281-1677
Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations. Select option 4 for Greenfield/Layton clinic. Offers telehealth services.

Aurora Behavioral Health Services 1220 Dewey Ave. Wauwatosa, WI 53213
<https://www.aurorahealthcare.org/services/behavioral-health-addiction/> (414) 454-6600
Specialties/Services: Mental health clinic providing outpatient and day treatment program services to address mental health needs such as anxiety, depression, bi-polar disorder, eating disorders, self-harm concerns and more.

Child and Family Therapeutic Systems 4811 S. 76th St. Suite 305 Greenfield, WI 53220
<http://www.cfts-wi.com> (414) 325-7741
Specialties/Services: Educational problems; ADHD; communication problems; anger & defiance; divorce & loss; anxiety & depression; substance abuse; trauma & abuse. *Accept Badger Care & most insurance plans.

Children's Hospital of Wisconsin Mental and Behavioral Health Care

Specialties/Services: Counseling services to reduce stress and conflict, improve parenting skills and strengthen family ties. Services include individual and family counseling to address a variety of mental health needs, home and school adjustment challenges, play therapy, grief and loss counseling, psychological testing, and more.

Milwaukee Location: 620 S. 76th St., Suite 240 Milwaukee, WI 53214 (414) 292-4242

<https://childrenswi.org/location-directory/locations/community-services/milwaukee-office>

Greenfield Location: 3365 S. 103rd St., Greenfield, WI 53227 (414) 607-5280

<http://www.chw.org/medical-care/psychiatry-and-behavioralmedicine>

Franklin Location: 7322 W. Rawson Ave., Franklin, WI 53132 (414) 228-4800

<https://childrenswi.org/locationdirectory/locations/specialty-clinics/franklin-clinic>

Clinical Psychology Associates

Specialties/Services: Relationship struggles, traumatic experiences, problems at work or school, family problems, persistent anger or irritability, substance abuse. Offers telehealth services.

Visit their website for more locations in Milwaukee and Waukesha County.

Oak Creek Location: 7280 S 13th Street Oak Creek, WI 53154 (262) 251-1112

<https://www.clinical-psychology-associates.com/>

Greenfield High School Onsite Clinic (for Greenfield High School students only) (262) 252-1112 x737

[Onsite clinic flier](#)

Elle Studio + Wellness 106 W. Seeboth St. #101 Milwaukee, WI 53204

www.ellewellstudio.com (414) 378-5379

Specialties/Services: Family and individual talk therapy focused on processing past traumas, coping with loss, anxiety, life stressor and more.

Family Options Counseling, LLC 3505 N. 124th St. Brookfield, WI 53005

www.familyoptions.com (414) 431-4444

Specialties/Services: Behavioral control concerns; risk-taking behaviors; depression; ADHD; educational problems; physical or sexual abuse; psychological evaluations. *Provide sliding scale fees.

Gerald L. Ignace Indian Health Center (GLIHC) 930 West Historical Mitchell St., Milwaukee, WI 53204

<https://gliihc.net/> (414) 383-9526

Specialties/Services: GLIHC's behavioral health and social services mission is to meet the emotional and mental health needs of Urban Indians and loved ones with respect and sensitivity to their culture. Services include the following: Outpatient therapy for mental health, substance abuse, and co-occurring issues, AODA groups, Talking Circles for veterans and women, Wellbriety Circle, 12-Step Circle, Beading Circle, and Drumming Circle

LifeStance Health

<https://lifestance.com/>

Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations. Offers telehealth services.

Visit their website for more locations in Milwaukee and Waukesha County.

Greenfield Location: 4811 S 76th St., Suite 208, Greenfield, WI 53220 (262) 789-1191

Franklin Location: 9809 S Franklin Dr., Suite 302, Franklin, WI 53132 (262) 789-1191

Milwaukee South Location: 5007 S. Howell Ave., Suite 350, Milwaukee, WI 53207 (262) 999-5724

Lutheran Counseling & Family Services of WI 3800 N. Mayfair Rd. Wauwatosa, WI 53222

<https://www.lcfswi.org/> **(414) 536-8333**

Specialties/Services: An outpatient mental health care agency and adoption service provider for children, individuals and families. Services include mental health services (anxiety, depression, eating disorder, ADHD), AODA/substance abuse issues, marriage/family counseling and more. *Offers telehealth services

Marquette University Center for Psychological Services Cramer Hall, 307 604 N. 16th St. Milwaukee, WI 53233

www.marquette.edu/psyc/cps.shtml **(414) 288-3487**

Specialties/Services: Anxiety; depression; ADHD; Tourette's; OCD; child, adolescent and family counseling; psychological and educational evaluations. Fees are determined by ability to pay.

Milwaukee Center for Independence 2020 W. Wells Street, Milwaukee, WI 53233

<https://cfihope.org/programs-services/behavioral-health/> **(414) 476-9675**

Specialties/Services: Therapy and counseling for children ages birth to 12 who are experiencing a mental health challenge, crisis or trauma. Offers sliding scale fee based on income and family size.

North Shore Psychotherapy Associates 5555 N Port Washington Road, Suite #300 Glendale, WI 53217

<https://www.northshorepsychotherapyassociates.vpweb.com/> **(414) 962-6764**

Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations. Offers telehealth services.

Red Oak Counseling

<https://www.redoakcounseling.com/>

Specialties/Services: A mental health and substance abuse clinic that specializes in addictions, eating disorders, relationships, family dynamics, trauma, work-related topics, and military concerns for individuals, couples, families, and groups.

Oak Creek Location: 8825 South Howell Avenue Oak Creek, WI 53154 (414) 215-7554

Elm Grove Location: 12970 W. Bluemound Rd #200, Elm Grove, WI 53122 (414) 780-1020

Rogers Behavioral Health 11101 West Lincoln Ave. West Allis, WI 53227

rogersbh.org/screening-request **(414) 767-4411**

Specialties/Services: Offers children, teens, and adults inpatient, residential, and outpatient care. Services include OCD and anxiety, depression and other mood disorders, and addiction. Free screenings are available to determine what mental health services your child may require. May also complete a screening request on-line. *Offers telehealth services.

Stress Management and Mental Health Clinic 2514 S 102nd St. Suite 257, West Allis, WI 54227

stressmanagementclinic.com **(414) 329-7000**

Specialties/Services: Anxiety; depression; bipolar; ADHD; PTSD; abuse; alcohol & drug abuse; divorce; psychiatric evaluations & medication management; gay/lesbian issues; Neuropsychological evaluations. *Offers telehealth services. Accept Title 19-Need HMO attached. Can make arrangements for out-of-pocket based on individual need.

UW-Milwaukee Psychology Clinic 2513 E. Hartford Ave, Pearse Hall Rm. 179, Milwaukee WI 53211

uwm.edu/psychology/clinic **(414) 229-5521**

Specialties/Services: PTSD; ADHD; anxiety; eating disorders; neuropsychology; learning disorders. Provide a full range of services, including psychological and neuropsychological evaluations, to adolescents and adults on a sliding-fee basis.

Wisconsin School of Professional Psychology

WSPP Psychology Training Center 9120 W. Hampton Ave. #90, Milwaukee, WI 53225
<https://www.wspp.edu/psychology-clinic/psychology-clinic> (414) 466-9777

Specialties/Services: Provide sliding scale fee therapy and assessment services based on income. Services include: Learning disorders; ADHD; depression; anxiety; personality disorders; PTSD. Provide a full range of psychological services, including psychological and educational evaluations, to adolescents, children, families and couples.

Other Resources and Supports

Craig Yabuki Mental Health Walk-in Clinic

Children's Hospital 8915 W. Connell Court, Milwaukee, WI 53266
[Craig Yabuki Walk-in Clinic](#) (414) 337-3400

Specialties/Services: A walk-in clinic that provides same-day care for children and teens (ages 5-18) experiencing urgent mental health issues. Services include evaluation to determine any immediate safety concerns, brief intervention through therapy, on-site counseling and coping tips. Referrals to helpful resources are made based on need.

**The clinic is not able to support medical emergencies, such as a child/teen who is experiencing suicidal thoughts or self-harm.*

Horizon Grief Resource Center 11400 W. Lake Park Dr., Milwaukee, WI 53224
<https://www.horizonhomecareandhospice.org/grief-resources/grief-resource-center/> (414) 586-8383

Specialties/Services: Grief counseling center dedicated to grief, bereavement and healing. Services include support groups, short-term individual and family counseling, serenity garden, wellness activities, referrals for long-term counseling and other resources. Walk-ins are welcomed if you are interested in more information, use their library or get a tour of the building.

NAMI of Milwaukee County 1915 N. Dr. Martin Luther King Dr., Milwaukee, WI 53212
<https://namisoutheastwi.org/> (414) 344-0447

Specialties/Services: Support, education, and advocacy to improve the lives of individuals, families and loved ones affected by mental health conditions

New Concept Self-Development Center 1531 West Vliet Street, Milwaukee, WI 53205
www.ncsdc-inc.org (414) 344-5788

Specialties/Services: Provide social services to low-income African American families. Youth services focus on leadership and life skills development and teen pregnancy prevention.

Pathfinders Milwaukee, Inc.

<https://www.pathfindersmke.org/>

Main Office: 4200 N. Holton St. Suite 400, Milwaukee, WI 53212 (414) 964-2565
Youth Shelter: 1614 E. Kane Pl., Milwaukee, WI 53202 (414) 271-1560

Specialties/Services: Provide services to support youth to find safety, hope and healing. Pathfinders strive to build positive youth development and youth-led programming. Services include supported housing, runaway and homeless youth services, anti-sexual violence services, and clinic services to address mental health challenges.

Walker's Point Youth and Family Center 2030 W. National Ave., Milwaukee, WI 53204
walkerspoint.org (414) 647-8200

Specialties/Services: Family Support and Empowerment Programs; Runaway and Teen Crisis Program; counseling services via appointment or walk-in; 24 hour emergency shelter service for teens (ages 11 to 17) and transitional /supportive shelter programs.

Hotlines and Crisis Support

COPE 24-Hour Hotline (262) 377-2673

Specialties/Services: A free, 24/7, confidential hotline that provides crisis intervention and emotional support for the Greater Milwaukee Area. They offer information and referral services.

Granite Hills Hospital 1706 S. 68th St., West Allis, WI 53124
[Adolescent Inpatient Services](#) (414) 667-4800
 Specialties/Services: Intensive inpatient mental health treatment for teens 13 through 17 when their symptoms require a 24-hour, structured therapeutic environment.

Milwaukee County Behavioral Health 24-Hour Crisis Line (414) 257-7222
 Specialties/Services: Resource for information and/or access to mental health services 24/7.

Milwaukee Mobile Crisis Team (414) 257-7621
 Specialties/Services: A free, 24/7, response team that provides mental health crisis responses and intervention to individuals of all ages, in the community (home, school, etc). They support callers on the Milwaukee County Crisis Line. Services include mental health assessments, assistance with stabilization, and connections to on-going resources.

National Suicide and Crisis Lifeline 988
 A free, 24/7, confidential lifeline that assists people in immediate crisis with a skilled, trained crisis worker who will listen and connect you to local mental health services.

Rogers Behavioral Health Inpatient Care 11101 West Lincoln Ave. West Allis, WI 53227
rogersbh.org/screening-request (414) 767-4411
 Anyone who finds themselves unable to manage thoughts or feelings, especially of self-harm, can receive a safety assessment and around-the-clock treatment when necessary.

Helpful Hints

Choosing a mental health care provider is much like choosing any other service; it is important to have an understanding of what you will receive when you decide to work with a particular provider and to find a good fit for your family and the provider.

Consider the following questions to ask when first contacting possible providers:

Are you currently accepting new clients?
 Ask about insurance, sliding fee scale?
 Do you have experience/expertise working with this issue?
 What is your experience working with children/adolescents?
 What is your therapeutic approach?
 How long can we expect therapy to take?
 How often do you meet and how long are the sessions?
 What is your availability for appointments? Evening hours? Weekend?
 What do you see as my role in the therapeutic process?
 What is your approach if family therapy is needed?

Provider Credentials and Titles

The providers in this resource have different levels of training and expertise, indicated by the credentials next to their names. Some of the most common credentials that you may come across are:

LCSW (Licensed Clinical Social Worker) Typically a master's level professional with a background in Social Work. An LCSW is trained to diagnose and provide individual and group psychotherapy.

LPC (Licensed Professional Counselor) Typically a master's level professional with a background in Counseling. An LPC is trained to diagnose and provide individual and group psychotherapy.

SAC (Substance Abuse Counselor) A professional with one of various levels of education, required to have supervised experience and education in substance abuse counseling.

LMFT (Licensed Marriage and Family Therapist) A master's level professional with a specialization in working with couples and families.

Psychologist Typically a doctoral level professional, who may either have obtained a PhD (Doctor of Philosophy) PsyD (Doctor of Psychology), or EdD (Doctor of education). Psychologists are trained to provide assessment/evaluation, make diagnosis, and provide psychotherapy.

Psychiatrist A Medical Doctor with specialty training in mental health, and can prescribe medications. Psychiatrists generally provide medication management, but not counseling.

Therapist The term therapist could refer to a mental health professional with various levels of education, as this is often used when a professional has a specific specialty. EX: Art Therapist, Music Therapist.

*The letters "-IT" after a credential denote that a provider is "in training," meaning that the professional has completed the required education, and is in the process of acquiring full licensure through supervised practice.