

Community Mental Health Providers and Supports for Children and Adolescents 2022-2023

American Behavioral Clinics, S.C.

7330 W Layton Ave.

Greenfield, WI 53220

Phone: 414-281-1677 Select option 4 for

Greenfield/Layton clinic

Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations.

<http://americanbehavioralclinics.com/>

Aurora Behavioral Health Services

Child and Adolescent Program / Adult Substance Abuse Program

1220 Dewey Ave.

Wauwatosa, WI 53213

Phone: 414-454-6777

Specialties/Services: Mental health clinic providing outpatient and day treatment program services to address mental health needs such as anxiety, depression, bi-polar disorder, eating disorders, self-harm concerns and more.

Child and Family Therapeutic Systems

Greenfield Office

4811 S. 76th St. Suite 305

Greenfield, WI 53220

Phone: 414-325-7741

Specialties/Services: Educational problems; ADHD; communication problems; anger & defiance; divorce & loss; anxiety & depression; substance abuse; trauma & abuse. *Accept Badger Care & most insurance plans.

www.cfts-wi.com

Children's Hospital of Wisconsin Mental and Behavioral Health Care

Greenfield Location

3365 S 103rd Street

Greenfield, WI 53227

Main Phone: 414-607-5280

Referral/Intake Line: 414-266-3339

Specialties/Services: Mental and behavioral health services for kids age 6 months to 18 years old. Services include child and family therapy, school and home challenges, behavioral health concerns, psychological evaluations, medicine management, play therapy and more.

www.chw.org/medical-care/psychiatry-and-behavioral-medicine

Franklin Location (Formerly Greensquare Development Specialist)

7322 W Rawson Avenue

Franklin, WI 53132

Phone: 414-228-4800

Specialties/Services: This location provides individual and family therapy to children and adolescents struggling with social, emotional and/or behavioral concerns.

<https://childrenswi.org/location-directory/locations/specialty-clinics/franklin-clinic>

Milwaukee Location

620 S. 76th St., Suite 240

Milwaukee, WI 53214

Phone: 414-292-4242

Specialties/Services: Counseling services to reduce stress and conflict, improve parenting skills and strengthen family ties. Services include individual and family counseling to address a variety of mental health needs, play therapy, grief and loss counseling, psychological testing, and more.

<https://childrenswi.org/location-directory/locations/community-services/milwaukee-office>

Clinical Psychology Associates

***Onsite clinic at Greenfield High School for Greenfield High School students only**

7280 S 13th Street

Oak Creek, WI 53154

Phone: 262-251-1112

Specialties/Services: Relationship struggles, traumatic experiences, problems at work or school, family problems, persistent anger or irritability, substance abuse.

*Multiple locations. Click on website link to find all locations.

<https://www.clinical-psychology-associates.com/>

Elle Studio + Wellness

106 W. Seeboth St. #101

Milwaukee, WI 53204

Phone: 414-378-5379

Specialties/Services: Family and individual talk therapy focused on processing past traumas, coping with loss, anxiety, life stressor and more.

www.ellewellstudio.com

Family Options Counseling, LLC

3505 N. 124th St.

Brookfield, WI 53005

Phone: 414-431-4444

Specialties/Services: Behavioral control concerns; risk-taking behaviors; depression; ADHD; educational problems; physical or sexual abuse; eating disorders; psychological evaluations.

*Provide sliding scale fees.

www.familyoptions.com

Gerald L. Ignace Indian Health Center (GLIHC)

930 West Historical Mitchell St.

Milwaukee, WI 53204

Phone: 414-383-9526

Specialties/Services: GLIHC's behavioral health and social services mission is to meet the emotional and mental health needs of Urban Indians and loved ones with respect and sensitivity to their culture. Services include the following: Outpatient therapy for mental health, substance abuse, and co-occurring issues, AODA groups, Talking Circles for veterans and women, Wellbriety Circle, 12-Step Circle, Beading Circle, and Drumming Circle

Lifescence Health (Formerly Cornerstone Counseling Services)

***Offers telehealth services**

Brookfield Location
16535 W Bluemound Road, Suite 200
Brookfield, WI, 53005
Phone: 262-789-1191
Fax: 262-821-6180

Greenfield Location
4811 S 76th St Suite 208
Greenfield, WI 53220
Phone: 262-789-1191

Multiple locations available.

Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations.

<http://www.cornerstonecounseling.com/>

Lutheran Counseling & Family Services of WI

***Offers telehealth services**

3800 N. Mayfair Rd.
Wauwatosa, WI 53222
Phone: 414-536-8333
Specialties/Services: An outpatient mental health care agency and adoption service provider for children, individuals and families. Services include mental health services (anxiety, depression, eating disorder, ADHD), AODA/substance abuse issues, marriage/family counseling and more.

<https://www.lcfswi.org/>

Marquette University Center for Psychological Services

Cramer Hall, 307
604 N. 16th St.
Milwaukee, WI 53233
Phone: 414-288-3487

Specialties/Services: Anxiety; depression; ADHD; Tourette's; OCD; child, adolescent and family counseling; psychological and educational evaluations.

*Fees are determined by ability to pay.

www.marquette.edu/psyc/cps.shtml

North Shore Psychotherapy Associates

***Offers telehealth services**

5555 N Port Washington Road, Suite #300

Revised 09/2022

Glendale, WI 53217
Phone: 414-962-6764

Specialties/Services: Anxiety; depression; anger management/domestic violence; behavioral issues; school and educational problems; trauma; marital & family counseling in addition to child and adolescent; substance abuse; psychological and psychoeducational evaluations.

northshorepsychotherapyassociates.vpweb.com

Red Oak Counseling

8825 South Howell Avenue
Oak Creek, WI 53154
Phone: 414-215-7554

12970 W. Bluemound Rd #200
Elm Grove, WI 53122
Phone: 414-780-1020

Specialties/Services: A mental health and substance abuse clinic that specializes in addictions, eating disorders, relationships, family dynamics, trauma, work-related topics, and military concerns for individuals, couples, families, and groups.

<https://www.redoakcounseling.com/>

Rogers Behavioral Health

***Offers telehealth services**

11101 West Lincoln Ave.
West Allis, WI 53227
Phone: 800-767-4411- Request Admissions Department
Specialties/Services: Offers children, teens, and adults inpatient, residential, and outpatient care. Services include OCD and anxiety, depression and other mood disorders, and addiction. Free screenings are available to determine what mental health services your child may require. May also complete a screening request on-line.

rogersbh.org/screening-request

Shorehaven Behavioral Health

***Offers telehealth services**

Greenfield Location
4370 S. 76th St.
Greenfield, WI 53220
Main Office Phone: 414-540-2170

Specialties/Services: Marriage & family therapy; substance abuse; variety of child & adolescent concerns – May include in-home services if eligible; Psychiatric evaluations and medication management available.

*Two other locations: Brown Deer and Racine

www.shorehavenbhi.com

Shoreside Therapies

***Offers telehealth services**

4530 N Oakland Ave
Milwaukee, Wisconsin 53211
Phone: (414) 332-7000

Specialties/Services: Anxiety, depression, attachment issues, trauma and sexual abuse, ADHD, disordered eating, self-injury, conduct disorders, and family/couples

issues. Counseling for adults, couples, families, children, and adolescents. *Provide sliding scale fees.

shoresidetherapies.com

Sixteenth Street Community Clinic

4570 S. 27th Street

Milwaukee, WI 53221

Phone: 414-672-1353

Specialties/Services: Behavioral health services to address issues such as depression, anxiety, ADHD, defiance, school behavioral problems and more. A day treatment program is also available. There are various locations throughout Milwaukee County.

<https://sschc.org/>

St. Francis Children's Center

Rick Clark, Ph.D.

Psychologist (Children ages 4 to 14 only)

6700 N. Port Washington Road

Glendale, WI 53217

Phone: 414-351-0450

Specialties/Services: Autism; educational problems; ADHD; anxiety; self-esteem; social skills; psychological evaluations.

sfckids.org

Stress Management and Mental Health Clinic

***Offers telehealth services**

2514 S 102nd St. Suite 257

West Allis, WI 54227

Phone: 414-329-7000

Specialties/Services: Anxiety; depression; bipolar; ADHD; PTSD; abuse; alcohol & drug abuse; divorce; psychiatric evaluations & medication management; gay/lesbian issues; Neuropsychological evaluations.

*Accept Title 19-Need HMO attached. Can make arrangements for out-of-pocket based on individual need.

stressmanagementclinic.com

UW-Milwaukee Psychology Clinic

Pearse Hall, Rm 179

2513 E. Hartford Ave.

Milwaukee WI 53211-3160

Phone: 414-229-5521

Specialties/Services: PTSD; ADHD; anxiety; eating disorders; neuropsychology; learning disorders. Provide a full range of services, including psychological and neuropsychological evaluations, to adolescents and adults on a sliding-fee basis.

uwm.edu/psychology/clinic

Wade Koski, LCSW

4402 South 68th St., Suite 100

Greenfield, WI 53220

Phone: 414-467-2477

Email: wadekoskillc@gmail.com

Specialties/Services: Autism Spectrum, Divorce Adjustment, Divorce Mediation, Co-Parenting, Grief and Loss, Relationships.

Wisconsin School of Professional Psychology

WSPP Psychology Training Center

9120 W. Hampton Ave. #90

Milwaukee, WI 53225

Phone: 414-466-9777

Specialties/Services: Provide sliding scale fee therapy and assessment services based on income. Services include: Learning disorders; ADHD; depression; anxiety; personality disorders; PTSD. Provide a full range of psychological services, including psychological and educational evaluations, to adolescents, children, families and couples.

<https://www.wspp.edu/psychology-clinic/psychology-clinic>

OTHER RESOURCES & SUPPORTS

Craig Yabuki Mental Health Walk-in Clinic Children's Hospital

8915 W. Connell Court

Milwaukee, WI 53266

Phone: 414-337-3400

Specialties/Services: A walk-in clinic that provides same-day care for children and teens (ages 5-18) experiencing urgent mental health issues. Services include evaluation to determine any immediate safety concerns, brief intervention through therapy, on-site counseling and coping tips. Referrals to helpful resources are made based on need.

***The clinic is not able to support medical emergencies, such as a child/teen who is experiencing suicidal thoughts or self-harm.**

New Concept Self-Development Center

1531 West Vliet Street

Milwaukee, WI 53205

Phone: 414-344-5788

Specialties/Services: Provide social services to low-income African American families. Youth services focus on leadership and life skills development; teen pregnancy prevention.

www.ncsdc-inc.org

Walkers Point Youth and Family Center

2030 W. National Avenue

Milwaukee, WI 53204

Phone: (414) 647-8200

Specialties/Services: Family Support and Empowerment Programs; Runaway and Teen Crisis Program; counseling services via appointment or walk-in; 24 hour emergency shelter service for teens (ages 11 to 17) and transitional /supportive shelter programs.

walkerspoint.org

Family Life Center

Saint Stephen Catholic Church

1441 West Oakwood Road

Oak Creek, WI 53154

Phone: 414-762-0552

Specialties/Services: Children's clothing bank; full service food pantry; access to other resources and information for families in need.

HOTLINES & CRISIS SUPPORT

COPE Hotline

Phone: 262-377-2673

Specialties/Services: Provides support and crisis intervention through their 24 hour hotline or live chat on their website.

www.copeservices.org

Milwaukee Behavioral Health 24-Hour Crisis Line

Phone: 414-257-7222

Children's Mobile Crisis Team (CMC, formerly MUTT)

Milwaukee Behavioral Health

Phone: 414-257-7621

Specialties/Services: 24-hour support for children in crisis. Responds on-site to children, adolescents and their families experiencing a mental health emergency between the hours of 7:00 am – 10:00 pm. Crisis stabilization, assessment and links to appropriate follow-up care are provided.

National Suicide Prevention Lifeline

Phone: 1-800-273-8255 (TALK)

Specialties/Services: Callers can speak with a trained counselor in their area 24 hours a day, 7 days per week.

Crisis Text Line:

Text "Go" to 741741, Free, Confidential

HELPFUL HINTS

Choosing a mental health care provider is much like choosing any other service; it is important to have an understanding of what you will receive when you decide to work with a particular provider and to find a good fit for your family and the provider.

Consider the following questions to ask when first contacting possible providers:

Are you currently accepting new clients?

Ask about insurance, sliding fee scale?

Do you have experience/expertise working with this issue?

What is your experience working with children/adolescents?

What is your therapeutic approach?

How long can we expect therapy to take?

How often do you meet and how long are the sessions?

What is your availability for appointments? Evening hours? Weekend?

What do you see as my role in the therapeutic process?

What is your approach if family therapy is needed?

Provider Credentials and Titles

The providers in this resource have different levels of training and expertise, indicated by the credentials next to their names. Some of the most common credentials that you may come across are:

LCSW (Licensed Clinical Social Worker)

Typically a master's level professional with a background in Social Work. An LCSW is trained to diagnose and provide individual and group psychotherapy.

LPC (Licensed Professional Counselor)

Typically a master's level professional with a background in Counseling. An LPC is trained to diagnose and provide individual and group psychotherapy.

SAC (Substance Abuse Counselor)

A professional with one of various levels of education, required to have supervised experience and education in substance abuse counseling.

LMFT (Licensed Marriage and Family Therapist)

A master's level professional with a specialization in working with couples and families.

Psychologist

Typically a doctoral level professional, who may either have obtained a PhD (Doctor of Philosophy) PsyD (Doctor of Psychology), or EdD (Doctor of education). Psychologists are trained to provide assessment/evaluation, make diagnosis, and provide psychotherapy.

Psychiatrist

A Medical Doctor with specialty training in mental health, and can prescribe medications. Psychiatrists generally provide medication management, but not counseling.

Therapist

The term therapist could refer to a mental health professional with various levels of education, as this is often used when a professional has a specific specialty. EX: Art Therapist, Music Therapist.

*The letters “-IT” after a credential denotes that a provider is “in training,” meaning that the professional has completed the required education, and is in the process of acquiring full licensure through supervised practice.