

Preferred Meal Systems, Inc.

Product Specification Sheet



an elior company

Item

n13199

NUTRIENT INFORMATION PER SERVING

Item Name	BEAN & CHEESE BURRITO ^		CALORIES	306.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	13.7 (GM)
CN Number:			CARBOHYDRATES	37.2 (GM)
Basis for Data Submitted:	As Served		Fiber	4.4 (GM)
Package Size:	4.96 (oz)	140.62 (g)	Sugar	2.7 (GM)
Servings Per Package:	1		TOTAL FAT	11.3 (GM)
Weight Per Serving:	4.96 (oz)	140.62 (g)	SATURATED FAT	5.0 (GM)
Nutrients based on:	1 Serving		MonoFat	0.0 (GM)
Product Composition:	Consists of a serving of a bean and cheese burrito.		PolyFat	0.0 (GM)
			TRANS FAT	0.0 (GM)
Meal Contributions:			% Calories from Fat	33.2 (%)
Meat/Meat alternative :	2.00	oz	% Calories from Sat. Fat	14.7 (%)
Grain/Bread Equivalent :	2.25	Whole Grain	CHOLESTEROL	20.4 (MG)
Fruit :			SODIUM	453.9 (MG)
Vegetable :			VITAMIN A	15.9 (IU)
Vegetable :			VITAMIN C	0.1 (MG)
Preparation Instructions:	See label for directions.		THIAMIN	0.1 (MG)
			RIBOFLAVIN	0.1 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central database.		NIACIN	1.6 (MG)
			CALCIUM	206.5 (MG)
			IRON	3.3 (MG)
			POTASSIUM	126.1 (MG)
			PHOSPHORUS	50.2 (MG)
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	0.3 (UG)
			Vitamin B6	
			Folate	
			Includes Added Sugars	0.1 (GM)

No Value-Indicates no information available

Reviewed by: Cristina Ocala RD, LDN

Thursday, February 6, 2020 3:46:18PM

Product Specification Sheet

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preferredmeals™
an elior company

PREFERRED MEALS
BERKELEY, IL 60163

N13199

PRODUCTION DATE:

COOK AND SERVE BEAN AND CHEESE BURRITO

INGREDIENTS: BEAN AND CHEESE BURRITO FILLING (REFRIED BEANS (cooked beans, water, less than 2% of: canola oil, salt, distilled vinegar, chile pepper, onion powder, spices, garlic powder, natural flavor); rehydrated textured vegetable protein product (water; textured vegetable protein product (soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), and cyanocobalamin (B12)); Shredded mild cheddar cheese (Pasteurized milk, cheese culture, salt, enzymes and annatto (if colored), potato starch and powdered cellulose added to prevent caking); Natural blue cheese flavor (blue cheese (pasteurized milk, cultures, salt, enzymes), whey, maltodextrin, salt, disodium phosphate); food starch-modified; salt; onion powder,; garlic powder; ground cumin; chili powder (paprika, garlic powder, oregano, cayenne pepper, salt, dextrose, sunflower oil and silicon dioxide as an anti-caking agent); 10" REDUCED SODIUM ULTRAGRAIN TORTILLA(whole wheat flour, water, bleached enriched flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), vegetable shortening (contains one or more of the following oils: soybean oil and/or corn oil and/or canola oil), sugar, honey sodium bicarbonate, sodium aluminum phosphate, potassium sorbate (a preservative), mono and diglycerides, fumaric acid, calcium propionate (a preservative), salt, sodium metabisulfite (dough conditioner).

CONTAINS: MILK, SOY, WHEAT

COOKING INSTRUCTION: Cook 14-18 minutes in a 325° oven to a minimum of 165°F. as verified by a food thermometer.

LOT#N13199-

40 4.96 OZ UNITS (NET WEIGHT 12.40 LBS)

N13199-PRE48

KEEP FROZEN

INSTITUTIONAL USE ONLY

Preferred Meal Systems, Inc.
Product Specification Sheet



an elior company

Item

15947

NUTRIENT INFORMATION PER SERVING

Item Name	MINI CHEESE RAVIOLI WITH MARINARA SAUCE ^		CALORIES	299.5 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	19.4 (GM)
CN Number:			CARBOHYDRATES	40.7 (GM)
Basis for Data Submitted:	As Served		Fiber	3.1 (GM)
Package Size:	8.17 (oz)	231.62 (g)	Sugar	4.2 (GM)
Servings Per Package:	1		TOTAL FAT	7.0 (GM)
Weight Per Serving:	8.17 (oz)	231.62 (g)	SATURATED FAT	2.0 (GM)
Nutrients based on:	1 Serving		MonoFat	1.5 (GM)
Product Composition:	Consists of a serving of mini cheese ravioli in tomato sauce.		PolyFat	1.5 (GM)
			TRANS FAT	0.0 (GM)
Meal Contributions:			% Calories from Fat	21.0 (%)
Meat/Meat alternative :	2.00	oz	% Calories from Sat. Fat	6.0 (%)
Grain/Bread Equivalent :	1.25	Whole Grain	CHOLESTEROL	50.3 (MG)
Fruit :			SODIUM	858.8 (MG)
Vegetable :	1/2	Cup Red/Orange	VITAMIN A	9.8 (IU)
Vegetable :			VITAMIN C	0.1 (MG)
Preparation Instructions:	See label for directions.		THIAMIN	0.0 (MG)
			RIBOFLAVIN	0.0 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central database.		NIACIN	0.0 (MG)
			CALCIUM	105.2 (MG)
			IRON	1.5 (MG)
			POTASSIUM	75.5 (MG)
			PHOSPHORUS	2.0 (MG)
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	
			Vitamin B6	
			Folate	
			Includes	Added Sugars

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Thursday, April 30, 2020 11:08:06AM

Product Specification Sheet

preferredmeals[®]

an ellor company

PREFERRED MEALS
BERKELEY, IL 60163

15947

COOK AND SERVE

CHEESE RAVIOLI WITH TOMATO SAUCE

LOT#15947-MOO

INGREDIENTS: WHOLE GRAIN CHEESE RAVIOLI (ultragrain durum semolina (51/49) blend (whole wheat flour, semolina (wheat), niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, fat free ricotta cheese (whey, skim milk, vinegar, carrageenan and xanthan gum), low-moisture part skim mozzarella cheese (pasteurized milk, cheese culture, salt, enzymes, cellulose powder to prevent caking and natamycin inhibitor mold), whole eggs, whey protein isolate, sodium caseinate, Romano cheese (pasteurized cow's milk, cheese cultures, salt, enzymes), modified food starch, sugar, salt, garlic), TOMATO SAUCE- RAGU STYLE (water; tomato paste (not less than 28% NTSS); canola/olive oil, ; pear or pineapple juice concentrate; salt; lemon juice (filtered water, lemon juice concentrate, sodium bisulfite (preservative), sodium benzoate (preservative), and lemon oil), ; grated parmesan cheese (parmesan cheese, hard grating cheese (made from pasteurized part skim milk, cheese cultures, salt), cheese whey solids (milk), corn starch and powdered cellulose to prevent caking); dehydrated onion; onion powder, ; garlic powder; food starch-modified, ; black pepper; ground rosemary ; ground fennel seeds; aquaresin paprika (natural extractives of paprika with mono- and diglycerides, lecithin, and soybean oil); aquaresin oregano (natural extractives of oregano leaves with mono- and diglycerides, lecithin, soybean oil and canola oil); aquaresin basil (natural extractives of basil with mono- and diglycerides, lecithin, soybean oil and canola oil)).

CONTAINS: EGG, MILK, SOY, WHEAT

COOKING INSTRUCTIONS: Cook 22-26 minutes in a 325° oven to a minimum of 165°F. as verified by a food thermometer.

CN

098019

One 8.17 oz unit of Cheese Ravioli (eight 0.57 oz pieces) with Tomato Sauce provides 2.00 oz equivalent meat alternate, 1/2 cup red or green beans and 1.25 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07-19.)

CN

40 8.17 OZ UNITS (NET WEIGHT 20.43 LBS) M15947-CN5

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Preferred Meal Systems, Inc.
Product Specification Sheet



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Item **13030**

NUTRIENT INFORMATION PER SERVING

Item Name	CRUNCHY CHICKEN TENDERS ^		CALORIES	260.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	15.0 (GM)
CN Number:			CARBOHYDRATES	15.9 (GM)
Basis for Data Submitted:	As Served		Fiber	3.0 (GM)
Package Size:	3.39 (oz)	96.11 (g)	Sugar	1.0 (GM)
Servings Per Package:	1		TOTAL FAT	15.0 (GM)
Weight Per Serving:	3.39 (oz)	96.11 (g)	SATURATED FAT	2.5 (GM)
Nutrients based on:	1 Serving		MonoFat	
Product Composition:	Consists of a serving of crunchy chicken tenders.		PolyFat	
Meal Contributions:			TRANS FAT	0.0 (GM)
Meat/Meat alternative :	2.00	oz	% Calories from Fat	51.9 (%)
Grain/Bread Equivalent :	1.00	Whole Grain	% Calories from Sat. Fat	8.7 (%)
Fruit :			CHOLESTEROL	25.0 (MG)
Vegetable :			SODIUM	390.0 (MG)
Vegetable :			VITAMIN A	30.0 (IU)
Preparation Instructions:	See label for directions.		VITAMIN C	0.0 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central database.		THIAMIN	
			RIBOFLAVIN	
			NIACIN	
			CALCIUM	
			IRON	1.8 (MG)
			POTASSIUM	
			PHOSPHORUS	
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	
			Vitamin B6	
			Folate	
			Includes	Added Sugars

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Thursday, April 30, 2020 10:57:58AM

Product Specification Sheet

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PREFERRED MEALS
BERKELEY, IL 60163

13030

HEAT AND SERVE

GOLDEN CRISPY TENDERS SHAPED CHICKEN PATTIE FRITTERS

INGREDIENTS: FULLY COOKED, WHOLE GRAIN GOLDEN CRISPY TENDER-SHAPED CHICKEN PATTIE FRITTERS (Chicken, water, whole wheat flour, textured soy protein concentrate, isolated soy protein, contains 2% or less of the following: brown sugar, canola oil, carrot powder, citric acid, dried garlic, dried onion, dried yeast, garlic powder, maltodextrin, natural flavor, onion powder, paprika extract (color), rosemary extract (to protect flavor), salt, spice, sugar, torula yeast, turmeric extract (color), vegetable stock (carrot, onion, celery), wheat gluten, yeast extract. Breeding set in vegetable oil)).

CONTAINS: SOY, WHEAT

HEATING INSTRUCTIONS: Heat 20-25 minutes in a 325° oven to a minimum of 165°F. as verified by a food thermometer.

CN

096861

One 3.39 oz serving of Golden Crispy Tenders Shaped Chicken Pattie/Fritters (1 piece 3.39 oz. pieces) provides 2.00 oz equivalent meat meal, 0.70 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03-18.)

CN

M13030-CN3

40 3.39 OZ UNITS (NET WEIGHT 8.48LBS)

KEEP FROZEN	INSTITUTIONAL USE ONLY
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Preferred Meal Systems, Inc.

Product Specification Sheet



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Item

13033

NUTRIENT INFORMATION PER SERVING

Item Name	DELI SUB SANDWICH (HERO SANDWICH) ^		CALORIES	276.9 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	14.8 (GM)
CN Number:			CARBOHYDRATES	30.3 (GM)
Basis for Data Submitted:	As Served		Fiber	3.0 (GM)
Package Size:	5.52 (oz)	156.49 (g)	Sugar	2.4 (GM)
Servings Per Package:	1		TOTAL FAT	11.5 (GM)
Weight Per Serving:	5.52 (oz)	156.49 (g)	SATURATED FAT	3.6 (GM)
Nutrients based on:	1 Serving		MonoFat	
Product Composition:	Consists of a turkey bologna, turkey salami, and cheese on a whole wheat roll.		PolyFat	
Meal Contributions:			TRANS FAT	0.0 (GM)
Meat/Meat alternative :	2.00	oz	% Calories from Fat	37.4 (%)
Grain/Bread Equivalent :	2.00	Whole Grain	% Calories from Sat. Fat	11.7 (%)
Fruit :			CHOLESTEROL	48.9 (MG)
Vegetable :			SODIUM	819.2 (MG)
Vegetable :			VITAMIN A	0.0 (IU)
Preparation Instructions:	See label for directions.		VITAMIN C	1.5 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central.		THIAMIN	0.1 (MG)
			RIBOFLAVIN	0.1 (MG)
			NIACIN	1.2 (MG)
			CALCIUM	151.4 (MG)
			IRON	2.1 (MG)
			POTASSIUM	7.5 (MG)
			PHOSPHORUS	
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	
			Vitamin B6	
			Folate	
			Includes	Added Sugars

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Friday, April 17, 2020 8:46:59AM

Product Specification Sheet

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PREFERRED MEALS
BERKELEY, IL 60163

13033

TURKEY BOLOGNA LOG(WITH NATURAL SMOKE FLAVORING) AND TURKEY SALAMI LOG (WITH NATURAL SMOKE FLAVORING), WITH REDUCED SODIUM SLICED AMERICAN YELLOW CHEESE ON A WHITE WHEAT FRENCH ROLL

INGREDIENTS: WHITE WHEAT FRENCH ROLL (whole wheat flour, water, unbleached, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), wheat gluten, yeast, sugar, contains 2% or less of the following: corn meal, salt, soybean oil, dextrose, calcium sulfate, DATEM, corn starch, ascorbic acid, potassium iodate, l-cysteine, enzymes, calcium propionate and potassium sorbate (preservatives); TURKEY BOLOGNA LOG (with natural smoke flavoring) (mechanically separated turkey, water, salt, contains 2% or less seasoning (corn syrup solids, dextrose, sugar, sodium erythorbate, spice extractives), sodium phosphate, natural smoke flavoring, sodium nitrite); TURKEY SALAMI LOG (with natural smoke flavoring) (turkey, mechanically separated turkey, seasoning (salt, dextrose, corn syrup solids, spices, garlic powder, sodium erythorbate), water, contains 2% or less salt, natural smoke flavoring, sodium nitrite); REDUCED SODIUM SLICED AMERICAN YELLOW CHEESE(cultured milk, water, cream dairy product solids*, sodium citrate, salt, potassium citrate, sorbic acid (preservative), color added, enzymes, soy lecithin (non-sticking agent), *ingredient not in regular pasteurized process american cheese).

CONTAINS: MILK, SOY, WHEAT

COOKING INSTRUCTIONS: THAW AND SERVE

CN

One 5.52 oz Turkey Bologna Log (with Natural Smoke Flavoring) and Turkey Salami Log (with Natural Smoke Flavoring) with Reduced Sodium Sliced American Yellow Cheese on White Wheat French Roll provides 2.00 equivalent grains for Child Nutrition Meal Pattern Requirements (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 03-10)	098799
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CN

40 5.52 OZ UNITS (NET WEIGHT 13.80 LBS)

13033-CN11

KEEP FROZEN

INSTITUTIONAL USE ONLY

Preferred Meal Systems, Inc.
Product Specification Sheet



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Item

12235

NUTRIENT INFORMATION PER SERVING

Item Name	MAC & CHEESE ^	CALORIES	358.7 (KCAL)
Brand:	Preferred Meal Systems, Inc.	PROTEIN	23.5 (GM)
CN Number:		CARBOHYDRATES	38.7 (GM)
Basis for Data Submitted:	As Served	Fiber	2.0 (GM)
Package Size:	8.04 (oz) 227.93 (g)	Sugar	9.1 (GM)
Servings Per Package:	1	TOTAL FAT	14.5 (GM)
Weight Per Serving:	8.04 (oz) 227.93 (g)	SATURATED FAT	8.2 (GM)
Nutrients based on:	1 Serving	MonoFat	0.0 (GM)
Product Composition:	Consists of a serving of macaroni and cheese.	PolyFat	0.0 (GM)
Meal Contributions:		TRANS FAT	0.0 (GM)
Meat/Meat alternative :	2.00 oz	% Calories from Fat	36.4 (%)
Grain/Bread Equivalent :	1.00 Whole Grain	% Calories from Sat. Fat	20.6 (%)
Fruit :		CHOLESTEROL	36.8 (MG)
Vegetable :		SODIUM	828.2 (MG)
Vegetable :		VITAMIN A	13.2 (IU)
Preparation Instructions:	See label for directions.	VITAMIN C	0.1 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central.	THIAMIN	0.3 (MG)
		RIBOFLAVIN	0.1 (MG)
		NIACIN	1.9 (MG)
		CALCIUM	458.2 (MG)
		IRON	1.3 (MG)
		POTASSIUM	325.7 (MG)
		PHOSPHORUS	87.8 (MG)
		Magnesium	
		Zinc	
		Vitamin B12	
		Vitamin D	
		Vitamin B6	
		Folate	
		Includes	Added Sugars

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Thursday, April 16, 2020 8:33:30PM

Product Specification Sheet

preferredmeals™

an elior company PREFERRED MEALS
BERKELEY, IL 60163

12235

COOK AND SERVE

MACARONI AND CHEESE

LOT#12235-MOO

INGREDIENTS: MACARONI AND CHEESE (water, cooked whole grain macaroni (water, whole grain macaroni(whole durum wheat flour, semoline (wheat), niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, and folic acid).), diced reduced sodium american cheese (AMERICAN CHEESE (pasteurized milk, cheese cultures, salt, enzymes, annatto vegetable color (if colored), water, cream, sodium citrate, (emulisifer), added color, sorbic acid (preservative), lactic acid, soy lecithin (anti-sticking agent), may contain: cultured pasteurized skim milk and milk, cream, potassium citrate, salt (2% or less) artificial color (if colored), sodium phosphate, sorbic acid (preservative), enzymes, cheese cultures, annatto vegetable color (if colored)), water, potassium citrate, milkfat, APO-carotenal and beta-carotene (color-if colored) and soybean oil blend,), nonfat dry milk, seasoning (whey, butter powder (butter, nonfat milk), modified food starch, calcium caseinate, salt, autolyzed yeast extract, onion powder), food starch-modified, salt, annatto coloring).

CONTAINS: MILK, SOY, WHEAT

COOKING INSTRUCTION: Cook 25-28 minutes in a 275° oven to a minimum of 165°F. as verified by a food thermometer.

CN

098453

One 8.04 oz serving of Macaroni and Cheese provides 2.00 oz equivalent meat alternate and 2.00 equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 08-19.)

CN

Copy for Documenting Federal Meal Requirements

M12235-CN4

40 8.04 OZ UNITS (NET WEIGHT 20.10 LBS)

KEEP FROZEN **INSTITUTIONAL USE ONLY**

Page 2 of 2

Preferred Meal Systems, Inc.
Product Specification Sheet



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Item **13064**

NUTRIENT INFORMATION PER SERVING

Item Name	MINI CORN DOGS W/POTATO ROUNDS ^		CALORIES	328.5 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	12.7 (GM)
CN Number:			CARBOHYDRATES	39.6 (GM)
Basis for Data Submitted:	As Served		Fiber	3.9 (GM)
Package Size:	5.28 (oz) 149.69 (g)		Sugar	11.3 (GM)
Servings Per Package:	1		TOTAL FAT	16.4 (GM)
Weight Per Serving:	5.28 (oz) 149.69 (g)		SATURATED FAT	3.6 (GM)
Nutrients based on:	1 Serving		MonoFat	
Product Composition:	Carb Breakdown: Mini Corn Dogs (31 g) Potato Rounds (9 g)		PolyFat	
Meal Contributions:			TRANS FAT	0.0 (GM)
Meat/Meat alternative :	2.00	oz	% Calories from Fat	44.9 (%)
Grain/Bread Equivalent :	2.00	Whole Grain	% Calories from Sat. Fat	9.9 (%)
Fruit :			CHOLESTEROL	39.5 (MG)
Vegetable :	1/4	Cup Starchy	SODIUM	562.6 (MG)
Vegetable :			VITAMIN A	0.0 (IU)
Preparation Instructions:	See label for directions.		VITAMIN C	65.7 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central database.		THIAMIN	
			RIBOFLAVIN	
			NIACIN	
			CALCIUM	98.7 (MG)
			IRON	1.9 (MG)
			POTASSIUM	
			PHOSPHORUS	
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	
			Vitamin B6	
			Folate	
			Includes	Added Sugars

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Thursday, April 30, 2020 12:51:58 PM

Product Specification Sheet

preferredmeals™
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PREFERRED MEALS
BERKELEY, IL 60163

13064

MINI CORN DOGS WITH TATER BITES

INGREDIENTS: MINI CORN DOGS (batter wrapped mini turkey franks, made with whole grain batter (mechanically separated turkey, water, dextrose. Contains 2% or less of: corn syrup, spices, sea salt with potassium chloride, calcium lactate, salt, flavorings, sodium phosphate, paprika & paprika oleoresin, sodium erythorbate, sodium nitrite. Casing made from calcium alginate, batter ingredients: water, whole wheat flour, sugar, enriched degermed yellow corn meal(yellow corn meal, niacin, iron, thiamine mononitrate, riboflavin, folic acid), contains 2% or less of leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, corn starch, modified corn starch, dried honey, ascorbic acid, salt, wheat starch, enriched flour(wheat flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), wheat flour, soy flour, onion powder, soy lecithin, egg, nonfat milk. Cooked in vegetable oil (contains one or more of corn oil: cottonseed oil, soybean oil) predest ingredients: enriched wheat flour (enriched with niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) wheat flour, whey, salt)); TATER BITES (potatoes, vegetable oil (sunflower, cottonseed, soybean and/or canola), salt, yellow corn flour, dextrose, disodium dihydrogen pyrophosphate (to retain natural color), dehydrated onion, sodium sulfate, natural flavoring).
CONTAINS: EGG, MILK, SOY, WHEAT

COOKING INSTRUCTION: Cook 20-25 minutes in a preheated 325°F. convection oven to a minimum of 165°F. as verified by a food thermometer.

13064-PRE1

40 5.28 OZ SERVINGS (NET WEIGHT 13.20 LBS)

KEEP FROZEN

INSTITUTIONAL USE ONLY

11398

Mini Corn Dogs

BATTER WRAPPED MINI TURKEY FRANKS

Made with Whole Grain Batter

BEST IF USED BY

09/13/2020

Product #:

11398



TURKEY FRANK INGREDIENTS: Mechanically Separated Turkey, Water, Dextrose. Contains 2% or less of: Corn Syrup, Spices, Sea Salt with Potassium Chloride, Calcium Lactate, Salt, Flavorings, Sodium Phosphate, Paprika & Paprika Oleoresin, Sodium Erythorbate, Sodium Nitrite. Casing made from Calcium Alginate. **BATTER INGREDIENTS:** Water, Whole Wheat Flour, Sugar, Enriched Degermied Yellow Corn Meal (Yellow Corn Meal, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Contains 2% or less of Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Soybean Oil, Corn Starch, Modified Corn Starch, Dried Honey, Ascorbic Acid, Salt, Wheat Starch, Enriched Flour (Wheat Flour, Niacin, Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Flour, Soy Flour, Onion Powder, Soy Lecithin, Egg, Nonfat Milk, Cooked in Vegetable Oil (Contains one or more of: Corn Oil, Cottonseed Oil, Soybean Oil). **PREDUST INGREDIENTS:** Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Wheat Flour, Whey, Salt. **CONTAINS WHEAT, SOY, MILK, EGG**

Distributed by Monogram Brands, Memphis, TN 38117

094733

CN CN

Six 0.67 oz. fully cooked Mini Corn Dog provides 2.00 oz. equivalent meat and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 07/19.)

CN



Batch #:

PBO0064391



NET WT 10 LBS

FOR INSTITUTIONAL USE ONLY

KEEP FROZEN
FULLY COOKED
HEAT & SERVE

Preferred Meal Systems, Inc.
Product Specification Sheet



an elior company

NUTRIENT INFORMATION PER SERVING

Item **16150**

Item Name	Mozzarella Cheese Stick	CALORIES	90.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.	PROTEIN	7.0 (GM)
CN Number:		CARBOHYDRATES	0.0 (GM)
Basis for Data Submitted:	As Served	Fiber	0.0 (GM)
Package Size:	1.00 (oz) 28.35 (g)	Sugar	0.0 (GM)
Servings Per Package:	1	TOTAL FAT	7.0 (GM)
Weight Per Serving:	1.00 (oz) 28.35 (g)	SATURATED FAT	5.0 (GM)
Nutrients based on:	1 Serving	MonoFat	
Product Composition:	Consists of a mozzarella cheese stick.	PolyFat	
Meal Contributions:		TRANS FAT	0.0 (GM)
Meat/Meat alternative :	1.00 oz	% Calories from Fat	70.0 (%)
Grain/Bread Equivalent :		% Calories from Sat. Fat	50.0 (%)
Fruit :		CHOLESTEROL	20.0 (MG)
Vegetable :		SODIUM	200.0 (MG)
Vegetable :		VITAMIN A	72.0 (RE)
Preparation Instructions:	Keep refrigerated.	VITAMIN C	0.0 (MG)
Source of Nutritional Information:	Ingredient supplier and/or USDA database.	THIAMIN	0.0 (MG)
		RIBOFLAVIN	0.1 (MG)
		NIACIN	0.0 (MG)
		CALCIUM	200.0 (MG)
		IRON	0.1 (MG)
		POTASSIUM	37.0 (MG)
		PHOSPHORUS	150.0 (MG)
		Magnesium	
		Zinc	
		Vitamin B12	
		Vitamin D	
		Vitamin B6	
		Folate	
		Includes	Added Sugars

No Value-Indicates no information available

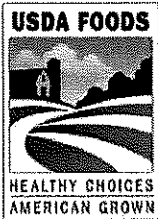
Reviewed by: Cristina Ocala RD, LDN

Tuesday, July 30, 2019 9:45:33AM

Product Specification Sheet

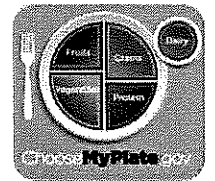
USDA Foods Product Information Sheet

For Child Nutrition Programs



110396—Cheese, Mozzarella, Part Skim, String

Category: Meat/Meat Alternate



PRODUCT DESCRIPTION

This item is a low moisture part skim mozzarella string cheese stick. This product is delivered refrigerated and contains 360 1-ounce packages per case.

CREDITING/YIELD

- One case yields 360 1-ounce portions of cheese.
- CN Crediting: 1 ounce cheese credits as 1 oz equivalent meat/meat alternate.

CULINARY TIPS AND RECIPES

- Mozzarella string cheese can be used as a meat/meat alternate in meal programs. Serve string cheese as a protein option with salads, fruit and whole grain rolls or crackers for nutritious meal.
- Use this pre-packaged string cheese with breakfast in the classroom, field trip meals, or other grab and go options.
- For more culinary techniques and recipe ideas, visit [NFSMI](#) or [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1 ounce/1 stick (28 g), low moisture part skim, string cheese

Amount Per Serving

Calories 90

Total Fat 7g

Saturated Fat 5g

Trans Fat 0g

Cholesterol 20mg

Sodium 200mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 7g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, please contact the product manufacturer.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.

Preferred Meal Systems, Inc.
Product Specification Sheet



an elior company

Item

n17108

NUTRIENT INFORMATION PER SERVING

Item Name	PEPPERONI PIZZA		CALORIES	306.9 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	16.2 (GM)
CN Number:			CARBOHYDRATES	35.5 (GM)
Basis for Data Submitted:	As Served		Fiber	2.1 (GM)
Package Size:	5.50 (oz)	155.93 (g)	Sugar	3.3 (GM)
Servings Per Package:	1		TOTAL FAT	11.3 (GM)
Weight Per Serving:	5.50 (oz)	155.93 (g)	SATURATED FAT	4.7 (GM)
Nutrients based on:	1 Serving		MonoFat	2.0 (GM)
Product Composition:	Consists of a pepperoni pizza on flatbread crust.		PolyFat	0.2 (GM)
Meal Contributions:			TRANS FAT	0.0 (GM)
Meat/Meat alternative :	1.50	oz	% Calories from Fat	33.1 (%)
Grain/Bread Equivalent :	2.00		% Calories from Sat. Fat	13.8 (%)
Fruit :			CHOLESTEROL	26.4 (MG)
Vegetable :	1/4	Cup Red/Orange	SODIUM	850.3 (MG)
Vegetable :			VITAMIN A	52.9 (IU)
Preparation Instructions:	See label for directions.		VITAMIN C	0.1 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central database.		THIAMIN	0.0 (MG)
			RIBOFLAVIN	0.1 (MG)
			NIACIN	0.1 (MG)
			CALCIUM	333.9 (MG)
			IRON	2.1 (MG)
			POTASSIUM	77.0 (MG)
			PHOSPHORUS	171.7 (MG)
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	0.0 (UG)
			Vitamin B6	
			Folate	
			Includes Added Sugars	1.8 (GM)

No Value-Indicates no information available

Reviewed by: Cristina Ocala RD, LDN

Thursday, April 30, 2020 1:52:54PM

Product Specification Sheet

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PREFERRED MEALS
BERKELEY, IL 60163

N17108

COOK AND SERVE

DICED FAT REDUCED PEPPERONI AND MOZZARELLA CHEESE FLATBREAD PIZZA

INGREDIENTS: 6"X4" WHEAT FLAT BREAD (wheat flour enriched (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, and folic acid), water, yeast, salt, soybean oil, calcium propionate as a mold inhibitor, sugar, dough conditioner (wheat flour, calcium sulfate, acacia gum, mono & diglycerides, enzymes); NATIONAL PIZZA SAUCE FORMULA (water, tomato paste (not less than 28% NTSS), national pizza sauce pre mix kit (sugar, salt, garlic powder, onion powder, dried whole basil, oregano), olive oil); LOW-MOISTURE PART-SKIM MOZZARELLA CHEESE (cultured pasteurized part-skim milk, salt and enzymes); DICED FAT REDUCED PEPPERONI(made with turkey, beef): Poultry ingredients (mechanically separated turkey, turkey), beef, water, textured vegetable protein product* (soy protein concentrate, zinc oxide, niacinamide, ferrous sulfate, copper gluconate, vitamin A palmitate, calcium pantothenate, thiamine mononitrate (B1), pyridoxine hydrochloride (B6), riboflavin (B2), and cyanocobalamin (B12), salt, Contains 2% or less of dextrose, flavorings, lactic acid starter culture, oleoresin of paprika, sodium nitrite, spices, BHA, BHT, citric acid. *ingredient not in regular pepperoni).
CONTAINS: MILK, SOY, WHEAT

COOKING INSTRUCTION: Cook 18-21 minutes in a 325° oven to a minimum of 165°F. as verified by a food thermometer.

CN

098518

One 5.50 oz. Diced Fat Reduced Pepperoni and Mozzarella Cheese Flatbread Pizza provides 1.40 oz. equivalent
meat/meat alternate 1/4 cup red/orange vegetable and 2.00 oz. equivalent grains (enriched) for Child Nutrition Meal
Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 10-19.)

CN

40 5.50 OZ UNITS (NET WEIGHT 13.75 LBS)

N17108-CN2

KEEP FROZEN

INSTITUTIONAL USE ONLY



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NUTRIENT INFORMATION PER SERVING

Item

N13150

Item Name	PIZZA DIPPERS ^		CALORIES	280.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	18.0 (GM)
CN Number:			CARBOHYDRATES	28.0 (GM)
Basis for Data Submitted:	As Served		Fiber	2.0 (GM)
Package Size:	4.20 (oz)	119.07 (g)	Sugar	4.0 (GM)
Servings Per Package:	1		TOTAL FAT	12.0 (GM)
Weight Per Serving:	4.20 (oz)	119.07 (g)	SATURATED FAT	5.0 (GM)
Nutrients based on:	1 Serving		MonoFat	
Product Composition:	Consists of a serving of mozzarella pizza dippers.		PolyFat	
Meal Contributions:			TRANS FAT	0.0 (GM)
Meat/Meat alternative :	2.00	oz	% Calories from Fat	38.6 (%)
Grain/Bread Equivalent :	2.00	Whole Grain	% Calories from Sat. Fat	16.1 (%)
Fruit :			CHOLESTEROL	20.0 (MG)
Vegetable :			SODIUM	560.0 (MG)
Vegetable :			VITAMIN A	40.0 (IU)
Preparation Instructions:	See label for directions.		VITAMIN C	0.0 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA FoodData Central.		THIAMIN	
			RIBOFLAVIN	
			NIACIN	
			CALCIUM	360.0 (MG)
			IRON	2.0 (MG)
			POTASSIUM	280.0 (MG)
			PHOSPHORUS	
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	0.0 (UG)
			Vitamin B6	
			Folate	
			Includes Added Sugars	2.0 (GM)

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Monday, April 27, 2020 3:22:38PM

Product Specification Sheet

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PREFERRED MEALS
BERKELEY, IL 60163

N13150

MOZZARELLA CHEESE/CHEESE SUBSTITUTE STICKS

INGREDIENTS: MOZZARELLA CHEESE/CHEESE SUBSTITUTE STICKS (crust: flour blend (white whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)), water, isolated soy protein, vegetable oil (soybean, and/or canola oil), contains 2% or less of: wheat gluten, yeast, sugar, sea salt, sodium acid pyrophosphate, baking soda, datem, dextrose, guar gum, soy lecithin, ascorbic acid(dough conditioner), salt, wheat starch, enzymes, modified food starch; Filling: low moisture part skim mozzarella cheese (cultured pasteurized part skim milk, salt, enzymes), cheese blend (mozzarella cheese substitute, water, casein, palm oil, salt, sodium aluminum phosphate, modified food starch, lactic acid, sodium citrate, natural flavors, sorbic acid (preservative), vitamin and mineral supplement (magnesium oxide, dicalcium phosphate, zinc oxide, iron, riboflavin (vitamin B2), pyridoxine hydrochloride (vitamin B-6), cyanobalamin (vitamin B12), niacinamide (vitamin B3), thiamine mononitrate (vitamin B1, vitamin A palmitate), guar gum, APO-8-carotenal & beta carotene (color), mozzarella cheese (cultured pasteurized milk, salt, enzymes)), water, nonfat dry milk, contains 2% or less of: modified food starch, mozzarella cheese powder (dehydrated mozzarella cheese (pasteurized part-skim milk, cheese culture, salt, enzymes), whey, salt, sodium phosphate, lactic acid), whey protein concentrate, maltodextrin, isolated soy protein, dried whole eggs, citric acid, sodium citrate, cheese powder (cheddar cheese (pasteurized milk, cheese culture, salt, enzymes), butter, modified food starch, sodium phosphate, enzymes), salt, garlic powder).

CONTAINS: EGG, MILK, SOY, WHEAT

COOKING INSTRUCTION: Cook 16-18 minutes in a 325° oven to a minimum of 165°F. as verified by a food thermometer.

N13150-PRE3

40 4.20 OZ UNITS (NET WEIGHT 10.50 LBS)

KEEP FROZEN

INSTITUTIONAL USE ONLY

Preferred Meal Systems, Inc.

Product Specification Sheet



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NUTRIENT INFORMATION PER SERVING

Item **n183**

Item Name	RIB-B-QUE	CALORIES	202.6 (KCAL)
Brand:	Preferred Meal Systems, Inc.	PROTEIN	17.1 (GM)
CN Number:		CARBOHYDRATES	9.7 (GM)
Basis for Data Submitted:	As Served	Fiber	1.3 (GM)
Package Size:	3.10 (oz) 87.89 (g)	Sugar	4.7 (GM)
Servings Per Package:	1	TOTAL FAT	11.5 (GM)
Weight Per Serving:	3.10 (oz) 87.89 (g)	SATURATED FAT	4.2 (GM)
Nutrients based on:	1 Serving	MonoFat	0.0 (GM)
Product Composition:	Consists of a serving Rib-B-Que (2.1 oz patty + sauce)	PolyFat	0.0 (GM)
Meal Contributions:		TRANS FAT	0.0 (GM)
Meat/Meat alternative :	2.00 oz	% Calories from Fat	51.1 (%)
Grain/Bread Equivalent :		% Calories from Sat. Fat	18.7 (%)
Fruit :		CHOLESTEROL	48.0 (MG)
Vegetable :		SODIUM	446.9 (MG)
Vegetable :		VITAMIN A	39.5 (RE)
Preparation Instructions:	See label for directions.	VITAMIN C	0.6 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA database.	THIAMIN	0.0 (MG)
		RIBOFLAVIN	0.0 (MG)
		NIACIN	0.0 (MG)
		CALCIUM	30.1 (MG)
		IRON	1.7 (MG)
		POTASSIUM	18.8 (MG)
		PHOSPHORUS	0.8 (MG)

No Value-Indicates no information available

Reviewed by: Cristina Dala RD, LDN

Thursday, March 7, 2019 9:40:24AM

Product Specification Sheet

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PREFERRED MEALS
BERKELEY, IL 60163

N183

COOK AND SERVE

BEEF RIB SHAPED PATTIES (SMOKE FLAVOR ADDED) WITH BARBECUE SAUCE

INGREDIENTS: FULLY COOKED BEEF RIB SHAPED PATTIES (SMOKE FLAVOR ADDED) Ground beef (not more than 30% fat), water, textured vegetable protein product (soy flour, caramel color), seasoning (salt, torula yeast, paprika, onion and garlic powder, spices, dextrose, hydrolyzed soy protein, autolyzed yeast extract, natural hickory smoke flavor, citric acid, caramel color), seasoning (tomato powder, sugar, maltodextrin, dextrose, brown sugar, vinegar powder, natural Hickory smoke flavor, Worcestershire sauce solids (molasses, vinegar, corn syrup, salt, caramel, garlic, sucrose, spices, tamarind, natural flavor, maltodextrin), onion powder, spices, garlic powder, guar gum, less than 2% silicon oxide), salt, dextrose, smoke powder (maltodextrin, natural smoke flavor, silicon dioxide) ; TOMATO SAUCE (water; pear or pineapple juice concentrate; tomato paste (not less than 28% NTSS); bbq sauce mix seasoning(sugar, maltodextrin, tomato powder, brown sugar, modified food starch, salt, molasses powder (molasses, maltodextrin), honey powder, (maltodextrin, honey), paprika (color), citric acid, natural smoke flavor, sodium diacetate, spices, onion powder, garlic powder, beet powder, canola oil, silicon dioxide (anti-caking).; brown sugar; apple cider vinegar; yellow mustard (distilled vinegar, #1 grade mustard seed, salt, turmeric, spices and paprika); molasses; liquid smoke (water, polysorbate 80, anti-foam); worcestershire(water, distilled vinegar, soy sauce (water, salt, hydrolyzed soy protein, corn syrup, caramel. color, potassium sorbate (preservative), sugar, corn syrup, salt tamarind extract, caramel color, spices, citric acid, garlic, onion, xanthan gum, natural flavors, potassium sorbate (a preservative), Dehydrated).; salt).

CONTAINS: SOY

COOKING INSTRUCTIONS: Cook 21-25 minutes in a preheated 325°F. convection oven to a minimum of 165°F as verified by a food thermometer.

M-N183-PRE3

40 3.10 OZ UNITS (NET WEIGHT 7.75 LBS)

KEEP FROZEN

INSTITUTIONAL USE ONLY

Preferred Meal Systems, Inc.
Product Specification Sheet



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NUTRIENT INFORMATION PER SERVING

Item **n13211**

Item Name	SPAGHETTI & MEATBALLS ^		CALORIES	332.2 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	18.4 (GM)
CN Number:			CARBOHYDRATES	41.5 (GM)
Basis for Data Submitted:	As Served		Fiber	3.9 (GM)
Package Size:	8.46 (oz)	239.84 (g)	Sugar	7.9 (GM)
Servings Per Package:	1		TOTAL FAT	10.2 (GM)
Weight Per Serving:	8.46 (oz)	239.84 (g)	SATURATED FAT	4.0 (GM)
Nutrients based on:	1 Serving		MonoFat	0.2 (GM)
Product Composition:	Carb Breakdown: Spaghetti & Sauce (37 g) 6 Meatballs (5 g)		PolyFat	0.0 (GM)
			TRANS FAT	0.0 (GM)
Meal Contributions:			% Calories from Fat	27.6 (%)
Meat/Meat alternative :	2.00	oz	% Calories from Sat. Fat	10.8 (%)
Grain/Bread Equivalent :	1.00	Whole Grain	CHOLESTEROL	37.2 (MG)
Fruit :			SODIUM	512.9 (MG)
Vegetable :	3/4	Cup Red/Orange	VITAMIN A	40.4 (IU)
Vegetable :			VITAMIN C	1.5 (MG)
Preparation Instructions:	See label for directions.		THIAMIN	0.0 (MG)
			RIBOFLAVIN	0.0 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA database		NIACIN	0.0 (MG)
			CALCIUM	88.2 (MG)
			IRON	2.4 (MG)
			POTASSIUM	18.5 (MG)
			PHOSPHORUS	18.0 (MG)
			Magnesium	
			Zinc	
			Vitamin B12	
			Vitamin D	
			Vitamin B6	
			Folate	
			Includes Added Sugars	3.8 (GM)

No Value-Indicates no information available

Reviewed by: Cristina Oala RD, LDN

Thursday, April 9, 2020 1:42:46PM

Product Specification Sheet

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PREFERRED MEALS
BERKELEY, IL 60163

N13211

COOK AND SERVE

LOT#N13211-MOO

TOMATO SAUCE WITH WHEAT SPAGHETTI AND BEEF AND CHICKEN MEATBALLS

INGREDIENTS: TOMATO SAUCE WITH WHOLE GRAIN SPAGHETTI (tomato sauce base (tomato puree (tomato paste (not less than 28% NTSS), water), ; sugar; spaghetti sauce seasoning (sugar, salt, dextrose, dehydrated onion, modified corn starch, romano cheese (milk, cultures, salt, enzymes), spices, nonfat milk, whey, natural flavor). ; grated parmesan cheese (parmesan cheese, hard grating cheese (made from pasteurized part skim milk, cheese cultures, salt), cheese whey solids (milk), corn starch and powdered cellulose to prevent caking); garlic powder; dehydrated onion; onion powder, ; dried whole basil; oregano; ground fennel seeds), cooked whole wheat spaghetti (water; whole wheat spaghetti (whole durum wheat flour,)), BEEF / CHICKEN MEATBALLS (Ground Beef (Not More Than 30% Fat), Chicken, Water, Textured Soy Flour (Soy Flour), Toasted Wheat Crumbs (Wheat Flour, Salt, Torula Yeast), Seasoning (Sugar, Salt Blend (Salt, Potassium Chloride), Dehydrated Onion and Garlic, Spices, Yeast Extract, Parsley Flakes, Vegetable Oil), Parmesan Cheese (Cow's Milk, Culture, Enzymes, Salt), Romano Cheese (Pasteurized Sheep's Milk, Cultures, Enzymes, Salt), Eggs, Parsley Flakes).

CONTAINS: EGG, MILK, SOY, WHEAT

CN 098060

One 8.46 oz unit of Tomato Sauce with Wheat Spaghetti and Beef and Chicken Meatballs provides 2.00 oz equivalent meat/meat alternate, 3/4 cup red/orange vegetable and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 03-19.)

CN

CN

COOKING INSTRUCTION: Cook 28-32 minutes in a 325° oven to a minimum of 165°F. as verified by a food thermometer.

40 8.46 OZ UNITS (NET WEIGHT 21.15 LBS)

M-N13211-CN12

KEEP FROZEN

INSTITUTIONAL USE ONLY

Preferred Meal Systems, Inc.
Product Specification Sheet



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Item **1094**

NUTRIENT INFORMATION PER SERVING

Item Name	WHEAT SOFT STICK		CALORIES	100.0 (KCAL)
Brand:	Preferred Meal Systems, Inc.		PROTEIN	4.0 (GM)
CN Number:			CARBOHYDRATES	20.0 (GM)
Basis for Data Submitted:	As Served		Fiber	2.0 (GM)
Package Size:	1.20 (oz)	34.02 (g)	Sugar	2.0 (GM)
Servings Per Package:	1		TOTAL FAT	1.0 (GM)
Weight Per Serving:	1.20 (oz)	34.02 (g)	SATURATED FAT	0.0 (GM)
Nutrients based on:	1 Serving		MonoFat	
Product Composition:	Consists of a 1.2 oz serving of a whole wheat soft breadstick.		PolyFat	
Meal Contributions:			TRANS FAT	0.0 (GM)
Meat/Meat alternative :			% Calories from Fat	9.0 (%)
Grain/Bread Equivalent :	1.00	Whole Grain	% Calories from Sat. Fat	0.0 (%)
Fruit :			CHOLESTEROL	0.0 (MG)
Vegetable :			SODIUM	135.0 (MG)
Vegetable :			VITAMIN A	0.0 (RE)
Preparation Instructions:	Dry Storage.		VITAMIN C	6.0 (MG)
Source of Nutritional Information:	Ingredient suppliers and/or USDA database.		THIAMIN	
			RIBOFLAVIN	
			NIACIN	
			CALCIUM	20.0 (MG)
			IRON	1.1 (MG)
			POTASSIUM	
			PHOSPHORUS	

No Value-Indicates no information available

Reviewed by: Paige Parola RD, LDN

Monday, July 3, 2017 4:09:37PM

Product Specification Sheet

New

Maramont 1.2 oz Wheat Soft Stick 3.15.17 7 V1.0
06/21/2017

Document# 1026
12 Grams Whole Grain
Per Serving
CN 1.2 oz serving has a
1 oz equivalent
creditable grain amount
per serving.

3/15/17 Version 1.0
Formula for Maramont
white wheat bagel
except for Softstick- 25%
moisture target-JAS

6/21/17 Version 2.0-
Change in suger content
(double from original
formula 2.5 white, 2.5
brown sugar

Nutrition Facts	
Serving Size 1 Stick (34g)	
Servings Per Container	
Amount Per Serving	
Calories 100	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 135mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 2g	8%
Sugars 2g	
Protein 4g	
Vitamin A 0%	• Vitamin C 10%
Calcium 2%	• Iron 6%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: WATER, WHITE WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), HONEY, 2% OR LESS OF EACH OF THE FOLLOWING: VITAL WHEAT GLUTEN, SUGAR, LIGHT BROWN SUGAR, SOYBEAN OIL, VEGETABLE MONO & DIGLYCERIDES, SALT, YEAST, MALTED BARLEY FLOUR, MOLASSES POWDER (MOLASSES, WHEAT STARCH), DATEM, ASCORBIC ACID (VITAMIN C), MONO- AND DIGLYCERIDES, L-CYSTEINE HYDROCHLORIDE, ENZYMES (CONTAINS WHEAT), CALCIUM SULFATE, WHEAT FLOUR, CALCIUM PROPIONATE.

CONTAINS WHEAT.